

# Heather Leg 4 40 km/25 mi



Relay Leg 5 = 38 km Blackwall Peak  
to Cayuse Flats

Relay Leg 6 = 8 km Cayuse to Cascade

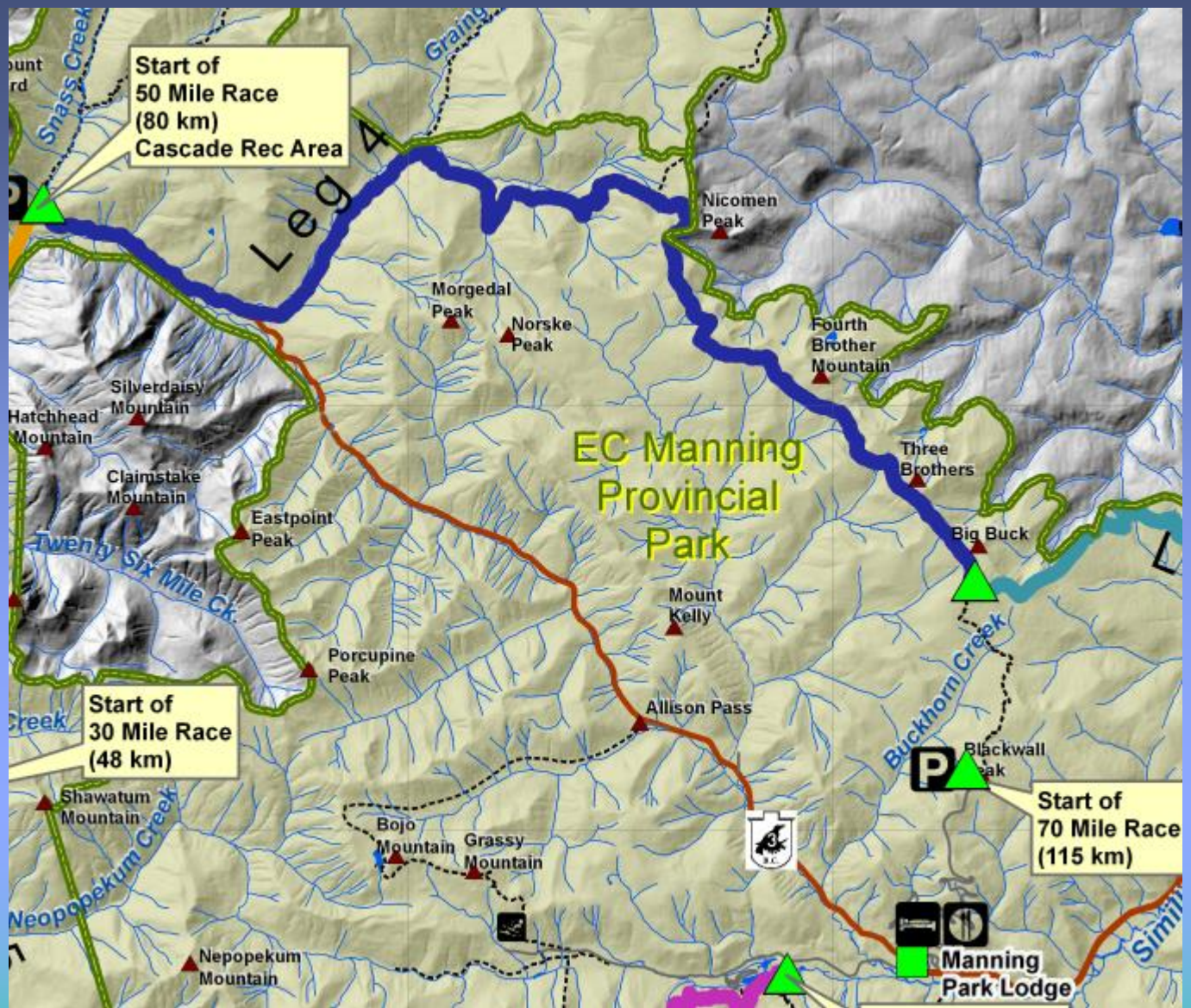
120 mile=5:45-13:25 hours

Relay Leg 5=4:30-6:00 hours

Relay Leg 6=0:36-1:20 hours



# Map



# Profile

## Course Information

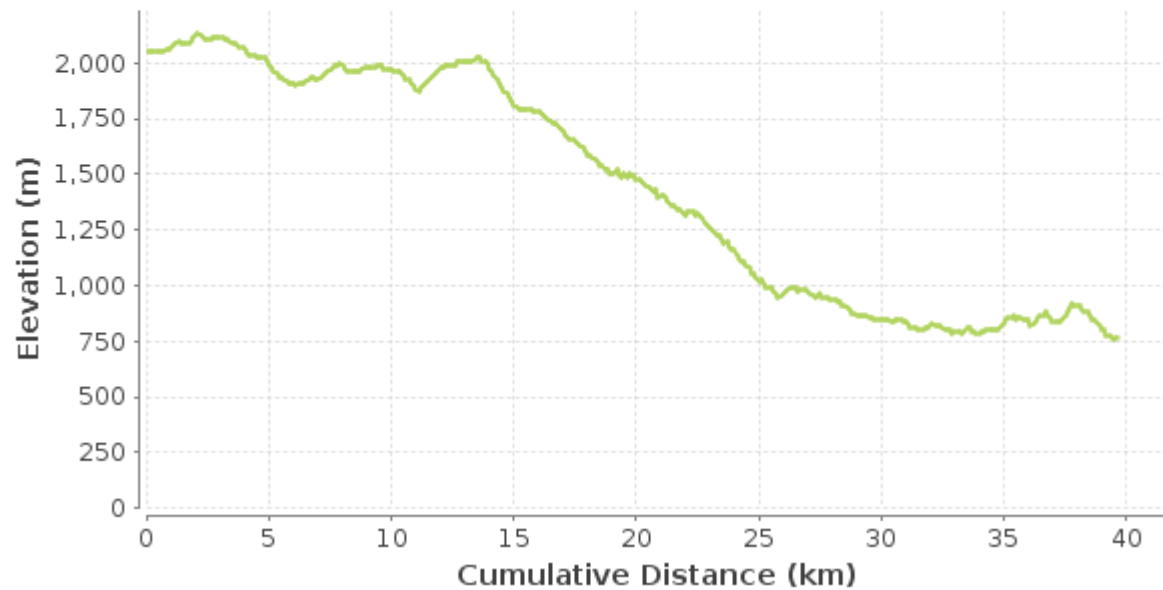
Elevation Gain: 929.1 m

Elevation Loss: 2212.6 m

Highest Elevation: 2131.0 m

Lowest Elevation: 761.6 m

## Elevation Profile





# Heather Trail 70 mile start and relay interchange



# Heather Trail 70 milers and relay





# Heather Trail to Nicomen Lake





# Wildflowers



# Views in daylight (70 milers)



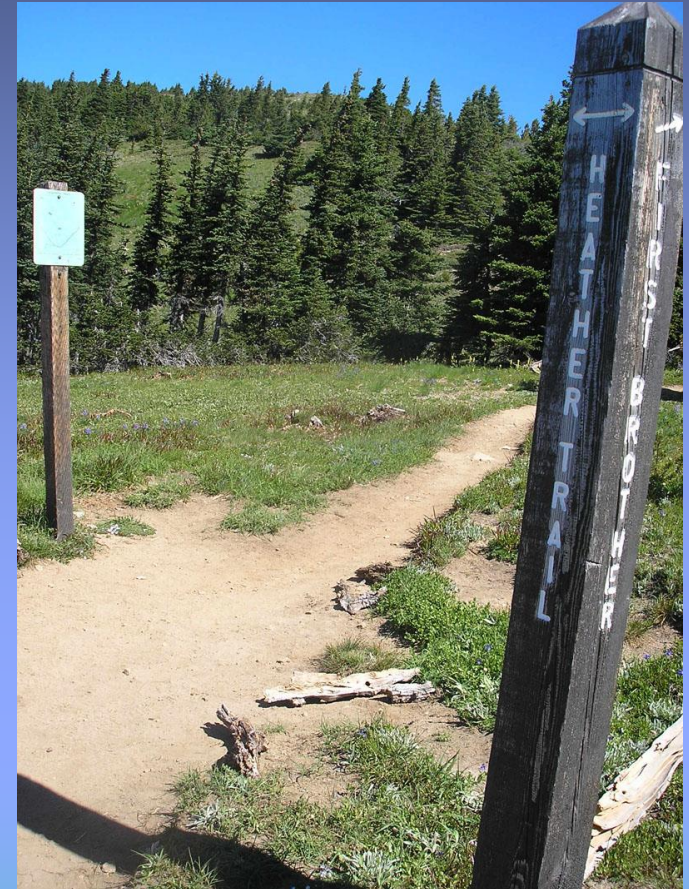


# Single-track for miles





# Pass by First Brother





# Sign to Nicomen Lake





# Meadows





# Switchback down to lake





# Nicomen Aid Station





# Grainger Creek Trail



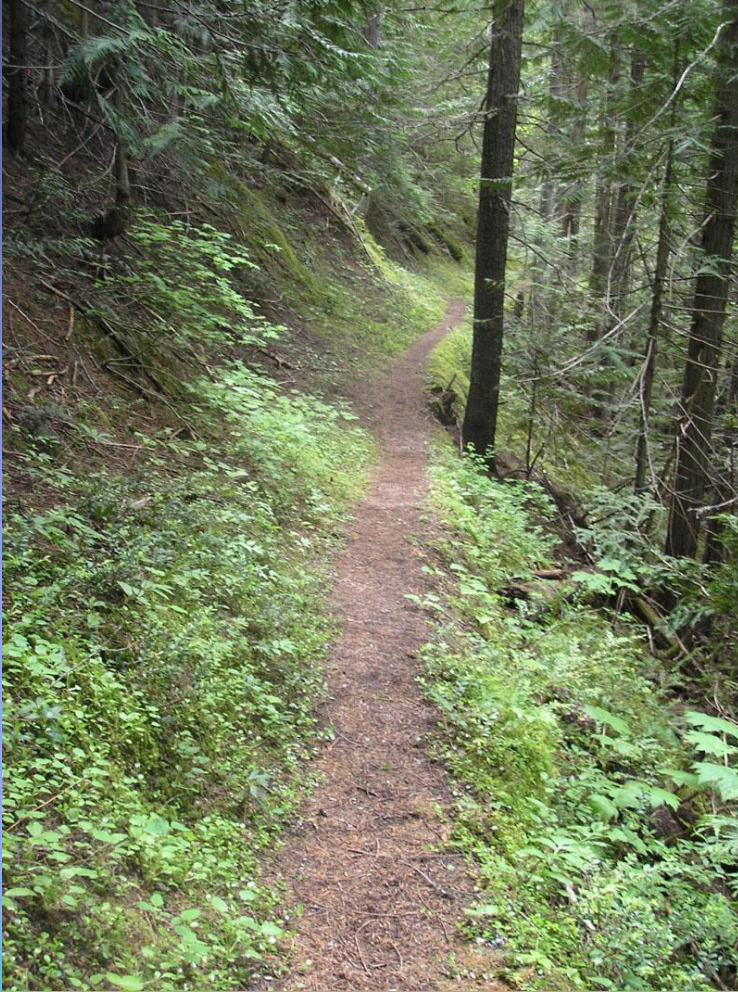


# Grainger Creek Trail





# Hope Pass Trail descent





# Log crossing Skaist River!





# Cayuse Flats Aid Station



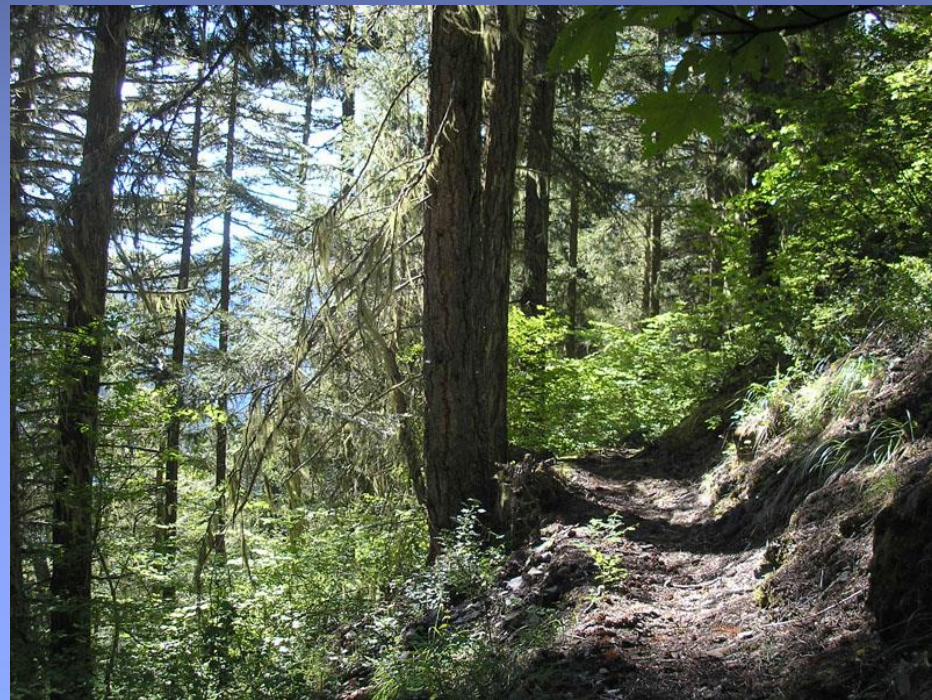
- Relay Leg 6  
Cayuse Flats  
starts here.
- Skagit Bluffs  
Trail = 8 km

# Skagit Bluffs Trail





# Skagit Bluffs Trail





# Skagit Bluffs Trail





# Cascade Aid Station

