



FAT DOG 120 Proof of Trail Maintenance

9th Annual Fat Dog 120 Trail Race, Friday Aug 9– Sunday Aug 11, 2019

Today's Date _____

Trail Maintenance Information

| | | | |
|---------------|---|-------------|-------|
| Last Name | _____ | First Name | _____ |
| Full Address | _____ | | |
| Phone | _____ | Male/Female | _____ |
| Email (print) | _____ | | |
| Category | <input type="checkbox"/> 120 mile <input type="checkbox"/> 70 mi <input type="checkbox"/> 50 mi <input type="checkbox"/> 40 mi <input type="checkbox"/> Relay | | |

Trail Work Done

| | | |
|--|---|-----------------|
| Trail Maintenance 8 hours required for 120 mi, 70 mi 50 mi and 40 mi. | Hours: _____ | Location: _____ |
| | Purpose of maintenance: _____ | |
| | Name/phone of person to verify Trail Maintenance: _____ | |
| | _____ | |
| 4 hours for relay (each person). | Hours: _____ | Location: _____ |
| | Purpose of maintenance: _____ | |
| | Name/phone of person to verify Trail Maintenance: _____ | |
| | _____ | |
| | Hours: _____ | Location: _____ |
| | Purpose of maintenance: _____ | |
| | Name/phone of person to verify Trail Maintenance: _____ | |
| | _____ | |

Alternative Volunteering

| | | |
|---|--|-----------------|
| Alternative 8 hours required for 120 mi, 70 mi 50 mi, 40 mi. | Hours: _____ | Location: _____ |
| | Purpose of volunteering: _____ | |
| | Name/phone of person to verify time: _____ | |
| 4 hours for relay (each person). | Hours: _____ | Location: _____ |
| | Purpose of volunteering: _____ | |
| | Name/phone of person to verify time: _____ | |
| | Hours: _____ | Location: _____ |
| | Purpose of volunteering: _____ | |
| | Name/phone of person to verify time: _____ | |

Or \$65 Donation to Mountain Madness Trail Work Fund (can do online)

Your cheque number: _____
Date of contribution: _____

Sign

Your Signature _____ Print name _____

Send Form to:

Heather Macdonald Mountain Madness 115 Thistle Road, Eastgate, BC, Canada V0X 1R0
Or scan form or take photo and email to info@mountainmadness.ca

Race Director

Heather Macdonald, 250-840-8800 info@mountainmadness.ca

