

## Paradise Valley 32 to 40 km

From the Cascade parking lot, this leg travels for a short distance along Dewdney Trail then branches off to Whatcom, travels north and rejoins Dewdney Trail. Big climb and descent, VIEWS, lakes.

### Cascade Aid Station

- Follow the Dewdney Trail sign and cross the bridge.

### Dewdney Trail

- After the bridge, turn **right** and watch for a right hand turn at a junction (there's logs preventing you from going straight). Turn right down some stairs.
- Follow as far as the Whatcom junction sign.



- Turn **right** to take Whatcom Trail.
- Cross a bridge.



### Whatcom Trail

- Head up the steep Whatcom Trail.



- Pass by Punchbowl Lake.
- Descend to Snass View Camp.
- When you reach the Dewdney Trail again, turn right and head about 3.5 km to the Whitecloud/Dewdney junction.

Signpost at Whitecloud/Dewdney Junction is **Warburton Loop** (in the race, 120 mile and relay turn left)



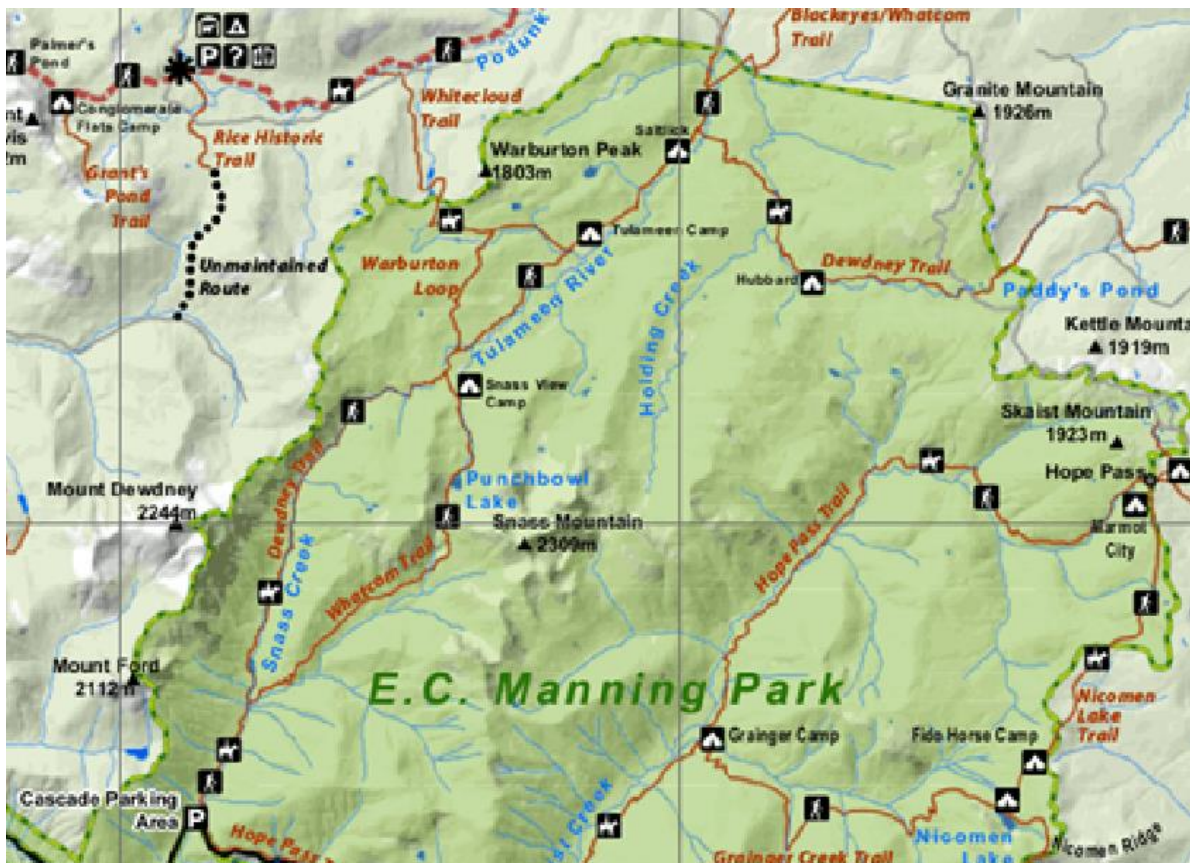
- Keep straight to head toward Tulameen Camp (200 metres later).



### Tulameen Camp 16.2 km

Turn around and return for 33 km run.

To go further, follow the flagging north and head to marked junction where Dewdney heads right. You are at 20 km here so turn around for 40 km total.



History: A C Anderson was led by First Nations guides in June 1846 on what is now the Whatcom Trail. He was the first HBC fur trader to hike through the area.