

Heather Trail to Cayuse Flats 38.5 km Point to Point

Where Heather meets Bonnevier, it is open and single track. Heather Trail is a feast of wildflowers, amazing 360 degree views, meadows, steep descent on rocky ridge to Nicomen Lake. Long downhill switchbacks are on Grainger Creek Trail and Hope Pass Trail. **Leave a vehicle at Cayuse Flats parking area.**

Getting to Bonnevier Junction

- Take road across from Manning Park Lodge, drive up toward Blackwall Peak about 16 km.
- Find **trail at lower parking lot.**
- Follow Heather Trail.



- Keep straight at this post to go toward Nicomen Lake. Trail curves left.
- You reach Buckhorn Camp.
- Continue up Heather Trail.
- You reach post at Bonnevier and Heather.

Heather Trail



- Bonnevier is on your right.
- Head straight (west) along Heather toward mountains.

- Reach post for First Brother, go straight to stay on Heather Trail.
- Come to intersection of Kicking Horse Camp. Post indicates 9 km to Nicomen Lake. Continue toward Nicomen Lake.
- Rocky switchback descends toward Nicomen Lake.

Nicomen Lake

- Reach Nicomen Lake Camp (post indicates lake 1 km to your right). Go right. (➡)
- Reach campsite/hut at Nicomen Lake (aid station is at this hut).
- Reach intersection of Nicomen Lake Trail and Grainger Creek Trail.

Grainger Creek Trail

- Head left/west to Grainger Creek Trail. (⬅)
- Grainger Creek Trail descends for about 8 km. The creek is on your right.
- Cross bridge and come to big arrow that points to left and uphill. (Water source here for refill.)
- Reach Hope Pass Trail at a T-junction (map there). Turn LEFT down river.

Hope Pass Trail

- Head south on Hope Pass Trail.
- Continue descent for about 6 km.
- At road fork, keep RIGHT to go uphill. (⬆)
- Cross Skaist River on big logs.

Cayuse Flats

- **Cayuse Flats aid station will be here.** Relay exchange here.
- You reach intersection of Skagit Bluffs Trail marked with a **sign** at Hwy 3. Hwy 3 is below on your left side.
- Descend to parking lot.